



News From Suite P

by Brian Albright, Assistant Director

Fall is almost here. That means the next youth sports season is set to kick off. Visit one of the County's 50 sports fields and you are likely to see a swarm of kids playing soccer, football, baseball, and a variety of other sports activities. Youth sports provide participants an opportunity to learn new skills, develop confidence, and, most importantly, have fun.

The County collaborates with many youth sports organizations throughout the San Diego area to offer such opportunities. This network of public officials and citizen volunteers is dedicated to providing youth with a positive and rewarding experience. Sure, just about everyone involved in youth sports has at one time encountered the overzealous coach, the vicarious parent, or the league "talent expert" who detracts from what a good youth sports program is all about. But it's more often the

case that youth sports programs are compromised by adults who misunderstand why kids want to play sports and how they get the most out of their experience.

At the root of this misunderstanding are several myths about the components of a good youth sports program. They may seem obvious, but every season we see countless adults behaving in ways that demonstrate they have bought into these myths. Here are the top 5:

Myth 1: *The most important thing to the kids participating is to win.*

Believe it or not, kids play youth sports to have fun and to enjoy the camaraderie of being part of a team. Winning is usually more important to the coaches and parents than it is to the kids. A good youth sports program will never compromise equal playing time for the sake of winning.

Myth 2: *The main reason youth sports programs exist is to develop players for high school, college, and, ultimately, professional leagues.*

The vast majority of youth sports participants will never play in college or the pros, and no adult should ever try to force that goal upon a child. A good youth sports program helps children develop positive character traits and life values that transcend sports. In youth sports, effort should be valued as much as performance.

Myth 3: *Coaches are always "experts" at the game.*

According to the National Alliance for Youth Sports (NAYS), more than 85 percent of volunteer coaches have their own child on the team. That's no surprise, but often the parent's involvement is accompanied by a lack of knowledge about the

Continued on page 9



The "Live A Healthy Life...Recreate" logo identifies programs and activities that offer a health and wellness benefit to the participant.

Agua Caliente Regional Park

39555 Great Southern Stage Route of 1849
Anza Borrego Desert
858.565.3600

Open September 1 through May 31.
Closed during the summer months.
Therapeutic spas.

Fees

Camping \$14 to \$18 per night
Day Use \$5 per vehicle, no passes

Alpine Community Center

1830 Alpine Blvd., Alpine, CA 91901
619.445.7330



The Center offers childcare, teen programs, senior nutrition program, community recreation, picnic facilities, cultural activities, facility rentals, adult softball, and Bobbysox softball.

Call for information.

Blue Sky Ecological Reserve

Espola Road, Poway
858.668.4781

The Reserve environmental education programs are now operated by the City of Poway. Call the number above for program information.

Bonsall Community Center

31505 Old River Road, Bonsall
760.631.5200 Ext. 475

Call for program schedule and information.

Cactus Park

10567 Ashwood Street, Lakeside
619.390.6017

Youth and adult league sports, BMX track.

Campo Stone Store and Museum

31130 Highway 94, Campo
619.478.5707

Saturdays and Sundays, 11 a.m. to 5 p.m. Pioneer Museum downstairs; Military Museum upstairs with emphasis on U.S. Cavalry and the Buffalo Soldiers. Short video.

Collier Park

626 E Street, Ramona
760.788.7564

Boys' and Girls' Club in the Park. Call the number above for program information. Tennis courts, playgrounds, and walking trails.

Dos Picos Regional Park

17953 Dos Picos Park Rd.,
Ramona 858.565.3600

Fees

Camping \$12 to \$16 per night
Day Use \$2 per vehicle or Department
Parking Pass

Group Reservations Available

Saturday Fun at the Park. Woo hoo! Programs and family fun. Hikes, crafts, Junior Ranger, and evening programs. \$1 donation requested for craft projects. Check at Ranger Station for activity times and locations. Programs depend on weather and ranger availability.



El Capitan Open Space Preserve

Wildcat Canyon Road, Lakeside
619.956.4707



Park CLOSED for restoration.

El Monte Regional Park

15805 El Monte Road, Lakeside
619.443.1474

Fees

Day Use \$2 per vehicle or Department
Parking Pass

Group Reservations Available

Fallbrook Sports Park

2552 Olive Hill Road, Fallbrook
760.451.0012

Call for program information and schedules.

Felicita Park

Clarence Lane and Felicita Road,
Escondido 760.745.4379

Fees

Day Use \$2 per vehicle or Department
Parking Pass

Group Reservations Available

Park Tours: Schedule a tour for your class or group. Park Rangers lead nature hikes and museum tours specializing in Native American and local history. Call the park office for details and reservations.

Saturdays and Sundays, 3 to 4 p.m. Park Museum open. View park pictures, artifacts, mural and short video.

Flinn Springs

14787 Old Highway 80, El Cajon
619.561.0180

Fees

Day Use \$2 per vehicle or Department
Parking Pass

Group Reservations Available

Goodan Ranch

See Sycamore Canyon/Goodan Ranch.

Guajome Park

3000 Guajome Lakes Road,
Oceanside 760.724.4489



Fees

Camping \$12 to \$16 per night
Day Use \$2 per vehicle or Department
Parking Pass



Group nature walks or interpretive programs are available by appointment. Call the park office at the number above.

Wedding area and gazebo available by reservation. Call the park office for more information.

Heise Park

4945 Heise Park Road, Julian
858.565.3600



Fees

Camping \$12 to \$18 per night
Cabins \$35 (gas fireplace for heat)
Day Use \$2 per vehicle or Department
Parking Pass

Wedding ceremony area available to reserve under the large black oak wedding tree in the meadow.

Saturday, October 1, 4 p.m., Project Wildlife will be at our park amphitheater to introduce you to a guest mammal or bird and explain the "rescue, rehabilitate, and release" services they provide.

Saturday, October 8, 4 p.m. Sky Hunters. Raptor rehabilitation guest speaker will introduce you to a variety of falcons and owls to acquaint you with these magnificent birds of prey and some of their unique behaviors and needs.

**San Diego Parks and Recreation now offers on-line camping reservations up to one year in advance!
Visit www.sdparks.org !**

Saturday, October 15, 5 p.m., Barona Spirits Speak. Come to the park and learn about the beliefs of the Barona tribe of the Kumeyaay Nation. Hear the fascinating stories of how these Native Americans view themselves and their world.

Saturday, October 22, 7 p.m., Bats of San Diego County. You may have heard them, or if you're very lucky, you may have seen one, but generally these amazing mammals go unobserved ... even though there are more than 20 species that occur in the county. Doug Allen will reveal some of the secrets of these nocturnal enigmas.

Sunday, October 30, 4:30 p.m. until the bats fly home? Heise Halloween. Carnival fun and games. Costume judging contest, jack-o-lantern contest, games, candy, prizes! For everyone! Kids wear costumes and bring a carved pumpkin! Join the spooky fun. Goblins and Ghouls are welcome.

Hellhole Canyon Open Space Preserve

19324 Santee Lane, Valley Center
619.956.4707

*Patrol volunteers needed, call
858.694.3042 for information.*

Visit www.hellholecanyon.org for Friends of Hellhole Canyon program information.

Every third Saturday, 8 a.m. (beginning Saturday, September 17), Guided nature hikes. Hikes will last approximately 4 hours and terrain is moderate to steep; bring water and snacks. Binoculars and field guides are also recommended. Meet at the Staging Area. Contact Park Ranger Melinda Taini at the Preserve office at 619.956.4720 for directions and a free brochure.

Saturday, October 22, 5:00 - 7:30 p.m., Spooky Pumpkins and Scary Stories. Treat the whole family to an early Halloween adventure at the amphitheater in the Staging Area. Carve your pumpkin and place it around the performance stage in preparation for a storyteller, who will tell favorite creepy stories. Lawn chairs and blankets recommended. Bring your own pumpkins and carving tools. Light refreshments will be served. Contact Park Ranger Melinda Taini at 619-956-4720 for directions and a free brochure of the Preserve. Donations requested: \$2 for adults, \$1 for children under 13 years old.

Training for hike leaders in County of San Diego Parks and Preserves will be offered in the Valley Center area starting Saturday,

January 14, 2006. Ten weeks of different speakers, a CPR/ First Aid course, and interpretive hikes will lead to a position as a County Volunteer. Topics will include botany, water history, animal tracking, and more. Registration fee \$25 for course supplies and uniform. Contact Senior Park Ranger Walt Schmidtke at the County of San Diego MSCP Open Space Preserves office at 619-956-4707 for more information.

Heritage Park

2450 Heritage Park Row
Old Town San Diego
619.291.9784



Parks and Recreation's Reservation Center is in the Sherman Gilbert House, 2454 Heritage Park Row. The phone number is 858.565.3600, or toll-free 877.565.3600. Contact the Reservation Center to schedule campsites, picnic areas, parties, corporate gatherings, reunions, weddings, quinceañeras, bar and bat mitzvahs, or your own special event at a County Park facility. On-line reservations now available at www.sdparks.org.

Volunteer Opportunities, call 858.694.3042 for more information.

Heritage Park Inn in the Christian House, 619.299.6832. Enjoy the romantic setting of this elegant Victorian bed and breakfast.

Burton House. Shop for gifts and accessories, and enjoy a panoramic mural of San Diego at the turn of the century. The Wedding Casa and The Enchantress are upstairs.

Mrs. Burton's Tea Room, 619.294.4600. Before tea, guests are dressed for a group picture on the 1893 porch. Children's Tea includes dress-up, group photo, games, crafts, story, and tea for two hours of fun. \$12 per child, minimum ten guests.

Old Town Gift Emporium in the McConoughy House. Dolls and gift items include jewelry and cards. Information 619.291.5464.

Temple Beth Israel welcomes weddings and ceremonies for all faiths.

Civil Marriage Ceremonies by Park Rangers. Valid marriage license and driver's license required. These ceremonies best serve small groups. No reservations required. Inquire at the Ranger Office. Call Park office above for Ranger availability.

Second Sunday of Every Month, 2 p.m., Tours of Heritage Park. Docents lead tours beginning promptly at 2 p.m. at the Senlis

Cottage. View the inside of the Cottage and the Temple Beth Israel. Learn about the original occupants of the "Painted Ladies," as these Victorian homes are affectionately described.

Sunday, September 25, 10 a.m. to 4 p.m., Bunnyfest at Heritage Park. The San Diego House Rabbit Society and its fellow bunny lovers will get together for a day of fun, education, great shopping, exciting bidding on auction items, and the sharing of favorite bunny stories with others who appreciate our special rabbit friends. Get your bunny care and diet questions answered at the HRS information booth, and enjoy refreshments at the Cottontail Café.

Julian Museum

2811 Washington Street, Julian
760.765.0227

April through November, open Tuesday through Sunday 10 a.m. to 4 p.m., December through March, open Saturday, Sunday, and legal holidays 10 a.m. to 4 p.m. Historical exhibits. Genealogy for pioneering families 1869-1913.

Lake Jennings

10108 Bass Road, Lakeside



Fees

Camping \$14 to \$18 per night
Call 619.443.2510 for up-to-date fishing information. Programs at the Park amphitheater.

Saturday, October 8, 4 p.m., Owls: Whooooooooo did you dine on last night? Supervising ranger Maureen Abare will introduce campers and friends to long-eared and Western screech owls and unfold the mystery of how they can find food in the dark. Everyone will have a hands-on opportunity to dissect owl pellets to determine what was on the menu last night. Plans to construct an owl box and a fun owl puzzle will be handed out at the end of the program. Meet at the pavilion.

Saturday, October 15, 7-8 p.m., Magic. Come join Joe "The Mystic Magician" for a family type magic show that will include his famous "floating child illusion." Joe has entertained President Bush, two California governors, Bob Hope, Alex Spanos, Ray Kroc, and Tony Gwynn (his personal idol), and performs more than 250 shows each year. Meet at the pavilion.

Saturday, October 22, 2 p.m., Kids learn to fish Lake Jennings. Meet at the park amphitheater, where Hugh Marx, Helix Water District supervising ranger, will instruct kids by providing them with helpful fishing tips and techniques.

**Programs subject to change
without notice. Please check at the Ranger Station.**

Saturday, October 29, 10 a.m., Making backyard bird feeders. Volunteer/park host Pauline Melling will help children make bird feeders to attract and observe the feeding behaviors of our local birds. Meet at the pavilion.

Saturday, November 5, 2 p.m. Fishing tips. Campers will be joining Helix Water District ranger Hugh Marx at the park amphitheater for tips and techniques for catching stringers of trout and big catfish.

Saturday, November 12, 3 - 4 p.m., Search and Rescue. Search and Rescue member and County park ranger Robert Bejar will introduce and demonstrate search and rescue techniques, basic safety tips, and how mountain climbing gear is used in the course of a rescue operation. Meet at the amphitheater.

Saturday, November 19, 1-3 p.m., Hot rods on display. Members of the Prowlers Hot Rod Club (established in 1947) will be bringing out a special selection of 26 hot rods and historic photos for viewing. They will also be informing park patrons of the history behind hot rodding in America.

Saturday, November 26, 2 - 2:45 p.m., Fire safety. The Lakeside Fire Department will be coming out to the park to present an informative discussion and demonstration on campfire and home fire safety during the holidays and throughout the year. There will be give-aways for children. Meet at the amphitheater.

Saturday, December 3, 1:30-2 p.m., Santa's Workshop I. Children K through 6th grade will choose from a variety of holiday ornaments to make by hand to decorate the family Christmas tree. (Limited to 12 children.) Meet at the pavilion.

Saturday, December 10, 1:30-2 p.m., Santa's Workshop II. Children K through 6th grade will make Christmas stockings for themselves or their pets to hang and display during the holiday season. (Limited to 12 children.)

Saturday, December 17, 10 a.m., Kids learn to fish Lake Jennings. See October 22.

Saturday, January 7, 2006, 2 p.m., Fishing tips. See November 5.

Saturday, January 14, 2006, 10 a.m., Making backyard bird feeders. See October 29.

Saturday, January 21, 2006, 1:00 - 2 p.m., Know Your Wildlife. U.S. Fish and Wildlife Services representative Ms. Simon will help you learn about the native animals that live in the San Diego County backcountry, their preservation, and the laws that protect them. Wildlife slide show. Meet at the pavilion.

Saturday, February 4, 2006, 2 p.m., Fishing tips. See November 5.

Saturday, February 11, 4 p.m., Hawks, Falcons, and Owls. Supervising ranger Maureen Abare will give everyone an up-close look at these raptors as you learn how they hunt, nest, and how human impact is threatening their existence and the conservation measures written to protect these magnificent birds of prey. Meet at the amphitheater.

Saturday, February 18, 2 - 3 p.m., K-9 Unit Demonstration. Sergeant Quick will offer a demonstration of the San Diego Sheriff's Department K-9 abilities in the course of protecting and serving the County of San Diego community. Meet at the pavilion.

Lake Morena

2550 Lake Morena Drive, Campo
858.565.3600



Fees

Camping	\$12 to \$16 per night
Primitive Cabins	\$25
Day Use	\$2 per vehicle or Department Parking Pass

Boat Rentals	\$8 to \$30
Fishing	
16 and over	\$3.50 per day
Youth 8 to 15	
and Senior	\$2.00
Under 7	FREE

Call 619.478.5473 for up-to-date fishing information or check the County Parks Web Site at www.sdparks.org.

Live Oak Park

2746 Reche Road, Fallbrook
760.723.8780

Fees

Day Use	\$2 per vehicle
---------	-----------------

Hikes and Interpretive Programs may be scheduled by calling the Live Oak Park Coalition at the number above. For Park reservations or Coalition parking passes, call the Fallbrook Community Center, 760.728.1671.

Los Peñasquitos Ranch House

12020 Black Mountain Road,
San Diego 858.484.7504



Fees

Day Use	\$1 per vehicle or Department Parking Pass
---------	---

La Vida del Rancho (Ranch Life) - Program for 4th grade students. Call for reservations.

Saturdays, 11 a.m. and Sundays, 1 p.m. Take a tour of the adobe ranch house and

grounds with a park docent's authentic interpretation of the Rancho's early days. Step back into the 1800s as you walk through one of San Diego's finest residences.

Weekly Guided Hikes and Activities. The Friends of Los Peñasquitos Canyon Preserve schedule a variety of hikes into the Preserve. Call 858.484.3219 for schedule.

Second Saturday of every month, 8 a.m., The San Diego Tracking Team invites you to join an experienced tracker/naturalist for a free, easy tracking walk to learn about the art of tracking and the flora and fauna of the Preserve. Meet at the Ranch House. For information, call 858.513.0359.

Fourth Tuesday of every month, 7:30 p.m., San Diego County Archaeological Society (SDCAS) meeting. Open to the public. Special guest speakers scheduled. Call 858.538.0935 for information.

Saturday, October 15, 2005 and Saturday, January 21, 2006, 9:45 a.m.- 4 p.m., Introductory Tracking. San Diego Tracking Team hosts an introductory one-day training for wildlife survey volunteers. Learn basic track, sign, and habitat recognition, as well as details on the implementation of survey protocol. Call 760.715.4102 for additional information.

Tracker/Naturalist classes - one weekday evening and a Saturday. Develop your tracking and awareness skills, learn how to move in nature, and develop techniques for recognizing habitat associated with flora and fauna.

Beginning training: September 22 and 24; November 17 and 19

Intermediate training: February 23 and 25, 2006

Call 760-715-4102 for registration and information.

Mt. Gower Open Space Preserve

17090 Gunn Stage Road, Ramona
619.956.4707

Patrol volunteers needed, call 858.694.3042 for information.

Trails are reopened for horse riding and hiking on foot. Witness the recovery of the landscape since the preserve was damaged by the Cedar Fire in 2003 -- the incredible views are still intact! Use caution in some areas where trail washouts still exist. Primitive campsites are available (with a restroom nearby) -- a great place for scouting events and outdoor get-togethers. Make your reservations at www.sdparks.org or call 619.956.4707 for more information.

Saturday, September 24, Volunteer Patrol

Orientation meeting Patrol members will cover various County Preserves in the Ramona area, and tasks will include wildlife watching, working with park staff, involvement with the public and other patrol members. For meeting location and more details, contact Senior Park Ranger Walt Schmidtke at 619.956.4707 at the County of San Diego MSCP Open Space Preserves office.

Oakosis

12620 Wildcat Canyon Road,
Lakeside 619.561.0580

Otay Lakes Park

2270 Wueste Rd., Chula Vista
619.482.7361

Fees

Day Use \$2 per vehicle or Department
Parking Pass

Patrol volunteers needed, call
858.694.3042 for information.

Pine Valley

22810 Old Highway 80, Pine Valley
619.473.8558

Fees

Day Use \$2 per vehicle or Department
Parking Pass

Group Reservations Available

Potrero

24800 Potrero Park Drive, Potrero
858.565.3600

Fees

Camping \$12 to \$16 per night
Day Use \$2 per vehicle or Department
Parking Pass

Group Reservations Available

Quail Botanical Gardens

230 Quail Gardens Drive,
Encinitas 760.436.3036

Fees

Adults \$8
Seniors, Students
and Military \$5
Children (3 to 12) \$3
First Tuesday of the Month Free

One of the world's most diverse and important plant collections includes California native plants, exotic tropical specimens, palms, and 30 acres with scenic walks and trails. Nice wedding locations within the gardens. Gift Shop, special events, nursery, and library. Quail Botanical Gardens is operated by a nonprofit organization. For information please visit www.qbgardens.com.



Rancho Guajome Adobe

2210 North Santa Fe Avenue,
Vista 760.724.4082



Fees

Tours \$3 adult and \$1/child (suggested
donation)

Volunteer Opportunities.
Call 858.694.3042 for information.

Featured on HGTV's "Restore America" and Sunset Magazine, this 7,000 sq. ft. adobe contains over 20 rooms and represents one of the finest examples of Anglo-Hispanic domestic architecture. It was built in 1853 on a Mexican land grant of 2,219 acres by Col. Cave Johnson Coutts and his wife, Ysidora Bandini of Old Town San Diego, who ran a huge cattle and sheep ranching operation from this rancho. Once a city unto itself, the adobe included a chapel, school, general store, and beautiful gardens and courtyard. Restored in 1996, it is a must-see.

Saturdays and Sundays, 11 a.m., 12:30 and 2 p.m., Guided Tours. Take a docent led tour of the adobe and grounds. Rain cancels. School tours are available on Tuesdays and Thursdays by advance reservation, \$1 per child. Adult tour groups of 15 or more may make an advance reservation for private tours weekdays, \$5/adult.

Saturdays, 11 a.m., Tours in Spanish. Park staff offers guided tours of the adobe in Spanish (tour fees listed above apply).

Saturday, November 26 and Sunday, November 27, 10 a.m.-4 p.m., Rancho Christmas. Step back in time and celebrate an old-fashioned Christmas at the Rancho, decorated for the holiday seasons of yesterday. Children and adults alike will delight in taking part in a variety of free activities from crafting their own old-fashioned Christmas ornaments, making caramel apples, dipping a candle, and designing their own Rancho brand. Take home a miniature "reindeer shoe" crafted before your very eyes by our blacksmith. Or take a tour of the Rancho aboard a horse-drawn wagon! You will also be treated to live entertainment and have the opportunity to get some early Christmas shopping done by visiting our craft vendors. On Saturday evening only, hot mulled cider will be served as we gather in the inner courtyard for caroling by the warm glow of luminarias.

Hours: Saturday, November 26 and Sunday, November 27, 10 a.m. until 4 p.m.

Please note, all craft activities will end at 4 p.m. on both days.

Admission: \$5 for adults, \$2 for children 4-12, free for children 3 and under

For more information, please call the park office at 760.724.4082.

Reservation Center Sherman Gilbert House

2454 Heritage Park Row
Corner of Juan and Harney Streets
Old Town San Diego
858.565.3600 or Toll-Free 877.565.3600

On-line Reservations Now Available at
www.sdparks.org, 24 hours a day, seven days a week!

San Dieguito Park

1628 Lomas Santa Fe Dr., Del Mar
858.755.2386



Fees

Day Use \$2 per Vehicle or Department
Parking Pass

Group Reservations Available

San Elijo Lagoon Ecological Reserve

2710 Manchester Avenue, Encinitas
760.634.3026

Second Saturday each month, 9 a.m., Lagoon Hikes with Docents. Meet at the north end of Rios Avenue in Solana Beach. For information and scheduling of docent-led nature programs for school and youth groups, call the San Elijo Conservancy at 760.436.3944.

Third Saturday of each month, Clean-Ups at the Lagoon. Contact the San Elijo Conservancy at 760.436.3944.

Saturday, October 8, 9 a.m. - 3 p.m., Lagoon Day. The San Elijo Lagoon Conservancy is hosting its annual "Lagoon Day" at the County's future Visitor Center site, 2710 Manchester Avenue, Encinitas. Visitors can participate in activities, view birds, and learn more from displays and informal talks by artists, wildlife experts, and others. Come learn more about this important open space in the North County. For additional information please call the San Elijo Lagoon Conservancy at 760.436.3944 or check their web site at www.sanelijo.org.

Stelzer Park

11470 Wildcat Canyon Road,
Lakeside
619.561.0580



Fees

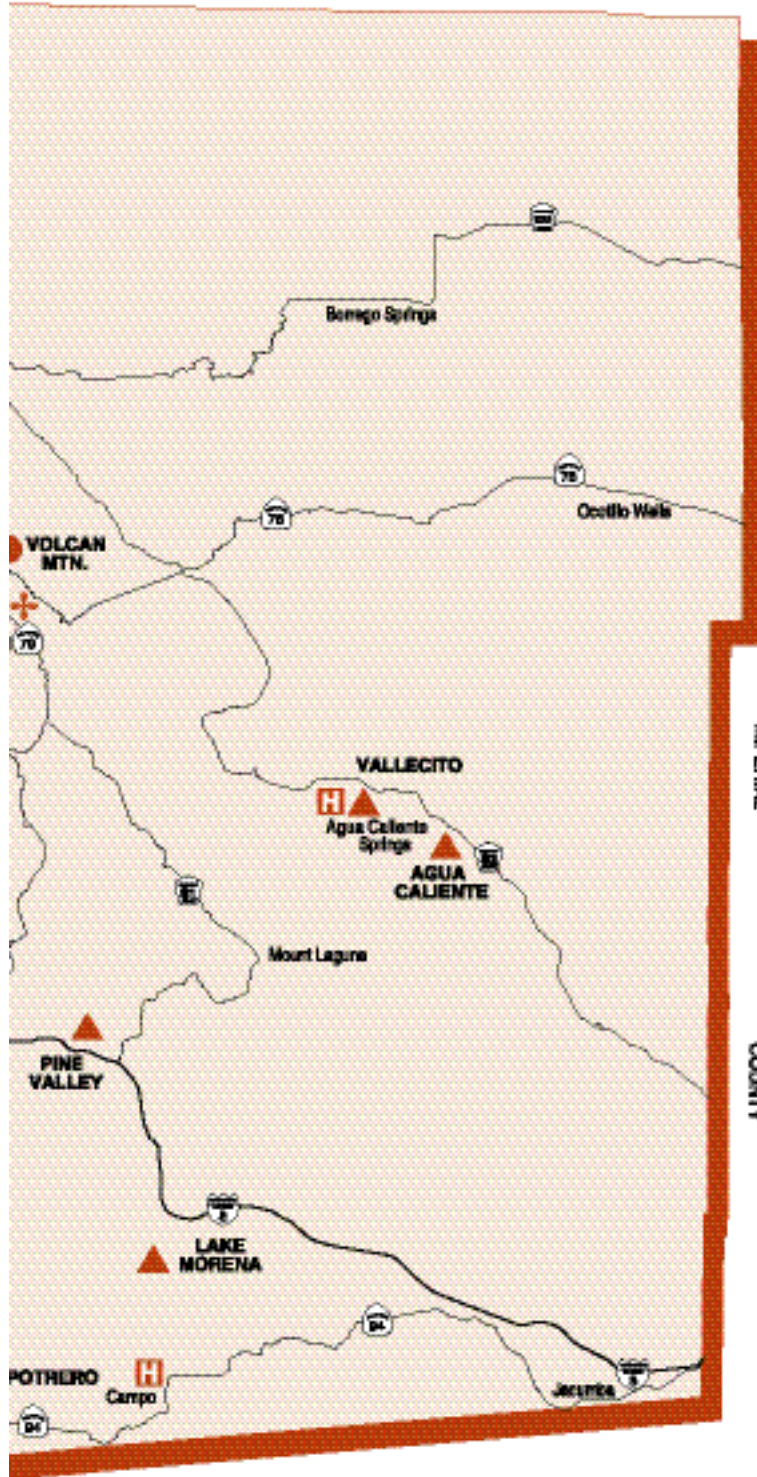
Day Use \$2 per Vehicle or Department
Parking Pass

Group Reservations Available.

2454 Heritage Park Row, Old Town
Open 8 a.m. to 5 p.m., Monday - Friday
Closed on County Holidays

Basketball	Packaging	Play area	Ball fields	Benches	Volleyball	Restrooms	Community center	Open parking	Community Parks:
•	•		•		•		•	•	Culler (Ramona)
•	•		•					•	Cottonwood (Rancho San Diego)
•	•							•	Don Drussalt (Fallbrook)
		•			•			•	East View Local Park (Bonita)
		•			•			•	Eucalyptus (Casa de Oro)
•	•		•	•	•	•	•	•	Fallbrook Park (Fallbrook)
•	•				•	•		•	Goodland Acres (Spring Valley)
		•						•	Hillside (Rancho San Diego)
		•	•						Joan Martin Park (Julian)
•	•	•			•	•		•	Lincoln Acres (National City)
		•	•			•	•	•	Lindo Lake Park (Lakeside)
					•			•	Live Oak (Fallbrook)
								•	Lonnie Brewer (Mount Helix)
•	•		•		•			•	Nancy Jane (Crest)
•	•	•			•	•		•	Old Ironside (Harbison Canyon)
		•						•	Otay Lakes
		•			•			•	Palomar (Palomar Mountain)
					•			•	San Dieguito (Solana Beach)
								•	South Lane (Crest)
•	•	•			•	•	•	•	Spring Valley Park (Spring Valley)
•	•	•	•	•				•	Steele Canyon (Rancho San Diego)
		•			•				Sweetwater Lane (Spring Valley)
									Woodhaven (Rancho San Diego)

COUNTY



Fishing	Reservable group area	Camping	Reservable group camping	Cave area	For lot / play area	Trails	Ball fields	Horseback / motorcycle	Fishing	Reservable	Shelters (for campers only)	Backed pavilion	Shade pavilion	Cabins	Regional:
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Agua Caliente
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Don Pilon
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	El Monte
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Pelona
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Palm Springs
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Quajon
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Lake Jennings 2
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Lake Morena 2, 3
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Otay Valley
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Pine Valley
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Potrero
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	San Diego
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Sweetwater
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Vallecito (H)
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	William Hoise

Preserves:									
				●			●		Blue Sky
				●			●		El Capitan
				●			●		Gooden Ranch
		●		●			●		Hellhole Canyon
				●					Lakeside
				●			●		Los Peñasquitos (H)
●	●	●		●			●		Louis Stiller
				●					Laurel Creek
				●			●		Mission Trails ★
		●		●			●		Mr. Gower
		●		●			●		Oakdale
				●			●		San Elijo
				●					Simon
									South Bay
				●					Sycamore
				●	●				Tijuana River Valley
				●					Volcan
●				●			●		Wilderness

																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				</
--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	----

										Historic:
								●	Campo Stone	
W								●	Hedding (H)	
								●	Julian Museum	
W								●	Los Peñasquitos	
W								●	Rancho Guajon	
								●	Whiskey House***	

Recreational	Sports Parks:
•	Cactus (Lakeside)
•	Fallbrook
•	Jess Martin (Julian)
•	Sweetwater Lane (Spring Valley)
•	Tijuana River Valley

* For information call (619) 468-3278

*** For information call (619) 436-3096

**** For information call (619) 387-7511

1 Bring your own equipment

2 Additional fees are charged for fishing

3 No hookups in concrete area—available only when lake level is down

H Historic Site

W Weekdays only

Stelzer Park features picnic and playground equipment accessible to the disabled, a reservable youth area, a 200-year-old wedding tree and hiking trails.

Discovery Kit Program. Trained teachers, bring your classes, kindergarten through sixth grade, to explore the wonders of San Diego County's Outdoor Classroom. No charge for program, and transportation will be reimbursed. Call 619.390.7998 for information and reservations.

Saturday, October 22, 11 a.m., The Great Snoopy Stelzer Pumpkin Hunt. Join us for the annual pumpkin hunt at Stelzer County Park. Children 12 and under will search the park for that special pumpkin. Dress in your costume and compete for prizes. If you bring a carved pumpkin from home, you can enter it in the Jack-O'-Lantern contest! For reservations call 619.561.0580. Limited to the first 150. Parking fee \$2 per car.

Saturday, November 19, 11 a.m., Aluminum Can Turkey Shoot. Children 12 and under can bring a dozen aluminum cans and toss them at the targets, racking up points to win one of several free turkeys! Reservations required. Please call 619.561.0580 for information. Limited to the first 80 sign-ups. Parking fee \$2 per vehicle.

Saturday, December 10, 9:30 a.m. - 11 a.m., Breakfast in the Park with Santa. Children 8 and under can come join Santa for a pancake breakfast in the park! Fee of \$2.50 per person, reservations are required. Please call 619.561.0580 for information. Space is limited to 150. There is a parking fee of \$2 per vehicle.

Sweetwater Lane Sports Complex

1312 Sweetwater Lane,
Spring Valley
619.479.1832



Football, flag football, soccer, youth baseball, adult and youth softball, track and field club.

Saturday, November 19, 10 a.m. - 2 p.m., It's How We Live! Go Play, Get Fit, Be Healthy. A free community festival for the entire family, this event features giveaways, live entertainment, information booths, health screenings, games, a rock-climbing wall, and much more. Call the above number for more information.



Sweetwater River Valley Regional Park

Summit Site, Bonita
619.472.7572

Equestrian Camping



Fees

Camping	\$16 per night
Day Use	\$2 per Vehicle or Department Parking Pass

Patrol Volunteers needed.
Call 858.694.3042 for information.

Sycamore Canyon/Goodan Ranch

Entrance ¼ mile south of Scripps Poway Parkway on Highway 67. Access only from southbound 67.
858.513.4737

Friday, November 4, 7 p.m., Sky Party. Join the San Diego Astronomy Association and experience Mars, galaxies, nebulae, and more. Telescopes will be available.

Tijuana River Valley

2721 Monument Road, San Diego
619.428.2946

Patrol Volunteers needed. For information call 858.694.3042

In addition to horseback riding and wildlife viewing, picnic tables and shade are also available. Or bring a ball and enjoy a walk around the new Sports Fields complex. Exit Dairy Mart Road south, from Interstate 5, to the Ranger Station at 2721 Monument Road. Free brochures available.

Vallecito

39555 Great Overland Stage Route S-2
858.565.3600

Park open September 1 through May 31
Closed during summer months.

Fees

Camping	\$12 per night
Day Use	\$2 per vehicle or Department Parking Pass

Youth and Caravan Areas Available

Volcan Mountain

Farmer Road, Julian
760.765.4098

Patrol Volunteers needed.
Call 858.694.3042 for information.



Monthly docent led hikes are scheduled. Hikes are moderate in difficulty and are 5 miles

round trip. Meet at the trailhead, wear sturdy shoes, and bring water. There are no facilities.

Dates for the hikes are:

Sunday, September 18, 9 a.m.

Saturday, October 22, 4 p.m.

Sunday, November 13, 9 p.m.

Call 760-765-4098 for more information on the hikes.

Whaley House

2482 San Diego Avenue, Old Town San Diego
619.297.9327

Fees

Adults	\$5
Seniors	\$4
Juniors 5 to 17	\$3

Be sure to visit the Whaley House Gift Museum Shoppe. House closed on Wednesdays.

Volunteer Opportunities. Call number above.

Wilderness Gardens Preserve

14209 Highway 76, Pala
760.742.1631

Fees

Day Use	\$2 or Department Parking Pass
---------	--------------------------------



Open 8 a.m. to 4 p.m.,
Thursday through Monday.
Closed Tuesday and Wednesday. Join the ranger

in the picnic area for an informative nature hike. Enjoy the rich natural and historic aspects of Wilderness Gardens. Guided hikes last about an hour. Please bring drinking water, hat, and walking shoes.

The following nature hikes are scheduled this fall.

Saturday, October 1, 10:30 a.m.

Saturday, October 8, 10:30 a.m.

Saturday, October 15, 10:30 a.m.

Saturday, October 22, 10:30 a.m.

Saturday, October 29, 10:30 a.m.

Please call the preserve for more information.

Key



Sports facilities



Fishing



CLOSED for fire



These parks/centers have designated wedding sites specially designed for your ceremony and/or reception.



Programs and activities that offer a health and wellness benefit to the participant.

Community Centers - Book a room with us

Rental Rates

FALLBROOK 760.728.1671

Room	Cap./ Sq.Ft	Reg. Hr/Day	Non-Profit Hr/Day
Auditorium	300/3900 sq. ft.	\$475/4 hrs. \$100 add'l hr.	\$330/4 hrs. \$75 add'l hr.
Kitchen - rented only with auditorium or North Room		\$100 flat rate	\$100 flat rate
Eucalyptus	40/450 sq. ft.	\$100/4 hrs min.	\$100/4 hrs min.
North Room	100 /990 sq. ft.	\$200/4 hrs. \$40 add'l hr.	\$150/4 hrs. \$30 add'l hr.

Equipment Available: PA System & CD Player - Auditorium Only • Microphone and Stand - Auditorium Only • Podium TV & VCR • 240 Folding Chairs • 30 Tables 6' • 15 Tables 8' • 15 Round Tables • 4 Stage Risers 4'x 8'

LAKESIDE 619.443.9176

Room	Cap./Sq.Ft	Regular Hr/Day	Non-Profit Hr/Day
Main Hall (Meyer)	714 / 4650 sq. ft.	\$125 hr.	\$100 hr.
Kitchen	-	\$200 day	\$100 day
Stage	40 / 450 sq. ft.	\$50 day	\$30 day
Moreno	100 / 990 sq. ft.	\$75 hr.	\$60 hr.
Lakeshore	30 / 1050 sq. ft.	\$20 hr.	\$10 hr.

Equipment Available: Round Tables • Folding Chairs • Tables 6' • Tables 8' • TV/VCR • Projector - Main Hall only • P.A. System - Main Hall & Moreno only • Microphones

SPRING VALLEY 619.479.1832

Room	Cap./Sq.Ft	Resident Hr/Day	Non-Resident Hr/Day
Ketell	250 / 3952 sq. ft.	\$60 / \$400	\$60 / \$450
Olsen	78 / 1294 sq. ft.	\$40 / \$200	\$40 / \$250
Senior Lounge	32 / 754 sq. ft.	\$30 / \$100	\$30 / \$150
Patio Lounge	160 / - sq. ft.	\$25 hr.	\$25 hr.

Equipment Available: -13 Round Tables • 56 Long Tables 8' • 264 Folding Chairs • Curtains • Podium • Ice

News From Suite P

Continued from page 1

sport itself. Coaches and parents alike should always make an effort to learn about and understand the game that their kids are playing.

Myth 4: *The best time to talk with a child about ways he or she can improve is right after the game.*

Actually, that's the worst time. Immediately after the game is a time to celebrate the fun had in playing and to enjoy the post-game snack (this is the most important thing of all to some kids). Save the critique for the next practice and let your post-game comments focus on the good things the child did during the game.

Myth 5: *No youth sports season is complete without an all-star game.*

An all-star game can send mixed signals to our youth. During the season, youth participants are taught to sacrifice individual glory for the sake of the team. Then all of a sudden the focus shifts back to winning and individual greatness. Interestingly, in a nationwide survey conducted by NAYS, when asked about their impression of the all-star concept, 59 percent rated it as "fair" to "terrible."

To help ensure our youth sports programs are the best they can possibly be, the County will be following a model unveiled by the state of Ohio. They title it "Our Promise to Kids," and it connects closely with the County's strategic initiative to improve opportunities for children. We're going to overcome the five myths by making the promise to provide children with the following five opportunities:

1. A fun, safe, positive place in which to play.
2. To play under the supervision of positive role models that will help focus on developing skills, teamwork, and sportsmanship.
3. For all children to play regardless of skill or ability.
4. To build self-confidence and self-esteem while respecting oneself and others.
5. To make new friends and learn lifetime skills.

Everyone associated with the youth sports program will do his or her part in keeping these promises to our kids. Let's have a great fall sports season!

When We're Open

All regional picnic parks are open from 9:30 a.m. to dusk, seven days a week.

All regional campgrounds are open seven days a week, 24 hours a day. Gates close in most parks at 10 p.m. Check-in time is 2 p.m., checkout time is 1 p.m.

Reservations may be made 1 year in advance of the camping day. Any questions on reservation dates may be directed to the Reservation Center, 858.565.3600.

Lake Morena is open for fishing ½ hour before sunrise and closes ½ hour after sunset.

Some specialty parks, sports complexes, community centers, and historic sites may have specific days and hours for public use. Call 858.565.3600 or check the specific park under the Program Guide.

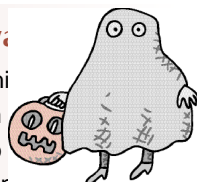
FALLBROOK Community Center

341 Heald Lane, Fallbrook
760.728.1671



Third Annual Halloween festi

Monday, October 31, 5 to 7 p.m., Thi
Annual Halloween festival. Children from
preschool to third grade are invited to
enjoy trick or treating, music, prizes, and
Sponsored by supporting members of the Fallbrook
Chamber of Commerce, the Kiwanis Club of Fallbrook,
and the Fallbrook Community.



Gym Kids

This class includes gymnastics, tumbling, basic motor
skills, and creative movement, all around fitness in a fun



format. Children will use mats,
ropes, balls, balance beams, and
other equipment. Your child will
increase flexibility, fitness, coordina-
tion, self-esteem, and confidence.
Class on Wednesdays, \$45 per
month.

Babysitting training

Babysitting training, ages 11 and older, designed to give
young babysitters the skill to have the confidence to man-
age an emergency. Please register by September 25.

For adults,

Duplicate bridge, fitness, sports instruction, yoga, Pilates,
and facility rentals.

The Community Center offers adult computer classes, from
Getting Started to Microsoft Word Advanced to Photoshop
Elements. Each student will be provided a computer during
the class.

Call the Community Center for fee information and
registration. Complete program guide available.

LAKESIDE Community Center

9841 Vine Street, Lakeside
619.443.9176



By the shores of Lindo Lake, the center offers programs
and services to all residents of Lakeside. Rent rooms with
kitchen facilities for private parties and weddings.

Senior nutrition program, adult education classes, gym-
nastics, and dance instruction. Call for complete list of
classes and events.

Wonder and Discovery

Preschool Classes Learning Center for 3, 4 and 5 year
olds. January through June, 2 or 3 days per week.
Morning and afternoon classes available. For information
and registration, call Harriet Whitmore at 619.443.4834.
Enrollment based on openings.

Third Annual Halloween festival

Monday, October 31, 4 to 7 p.m., Third
Annual Halloween festival. Are you ready for
creepy crafts? Are you ready for trick-or-
treating? Are you ready for games, booths, Astro Jump,
food, candy, and lots more? Then Lakeside is the place
to be on Halloween.



Spring Valley Community Center

8735 Jamacha Boulevard, Spring Valley
619.479.1832

Preschool program, teen center, senior nutrition
program, senior classes and programs, adult
and youth sports, and intergenerational Math
and Reading Clubs.



Youth can participate in a full gymnastic program and
dance classes, including ballet, hip-hop, jazz, tap and
Ballet Folklorico. Other classes include piano/keyboard,
etiquette, cooking, Spanish, and winter camp. Check the
Athletic Department for sports. Adults learn and practice
Tai Chi Chih, aerobics, martial arts, belly dancing, crystal
clear communications class, cooking and math prep. Take
the investment class and improve your financial situation.
CPR/First Aid is offered quarterly. The Adult Athletic
Department hosts beginning, intermediate, and advanced
softball for men's, women's and coed leagues.

The Center is available to rent for special events, includ-
ing quinceañeras, weddings, and anniversary parties.
Smaller rooms are also ideal for meetings.

Call for a fee schedule.

Monday, October 31, 5 to 8 p.m., **THIRD ANNUAL HALLOWEEN FESTIVAL.**

Do you want to get scared?
you want to play ghoulish games and win
ots of candy? Come to Spring Valley for all
this and more! We'll be waiting for you...



The REC - Lakeside Critical Hours Program

9841 Vine Street, Lakeside
619.443.4169



All programs and events are **FREE**. The REC Club is open to middle and high school youth ages 10 through 17. A signed membership application with a parent/guardian signature is required to join. For membership call Shari Rasmussen at the above number.

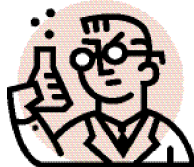
Hours: Monday through Friday, 2 to 6 p.m.

Daily Programs:

Homework Assistance, Tutoring, and Computer.

Monday classes:

Arts and Crafts and Dance Class.



Tuesday classes:

Fitness, Ceramics, and Guitar Class.

Wednesday classes:

Arts and Crafts, Skate Team, and Community Service Projects.

Thursday classes:

Fitness and Cooking Class.

Friday classes:

REC Super Crew.



Field Trips

Field trips are available to active REC Club members. Reservations are required and space is limited. For field trip information, call Shari Rasmussen at the above number.



Beginning Level Kayaking Trip, Saturday, September 10 - Enjoy the day paddling around Mission Bay and enjoying lunch on the beach.



Colorado River Beginning Level Canoeing Trip, Friday, October 21 through Sunday, October 23 - Enjoy two days of paddling, floating, swimming, and camping along the Colorado River.

Beginning Level Mountain Biking Trip, Saturday, December 10 - Enjoy the day exploring the trails of Balboa Park.

The REC - Spring Valley

8735 Jamacha Boulevard
Spring Valley, CA 91977
619.479.0312



All programs and events are **FREE**. The REC Club is open to middle and high school youth ages 10 through 17. A signed membership application with a parent/guardian signature is required to join. For membership information please call Kristin Rounds at the number above.

Hours: Monday through Friday, 2:30 to 6 p.m.

Daily Programs:

Arts and Crafts, Homework Assistance, Tutoring, Computer Lab, and Counseling Services

Monday classes:

Arts and Crafts and Fun Fitness.

Tuesday classes:

Cooking Class and DJ Class.

Wednesday classes:

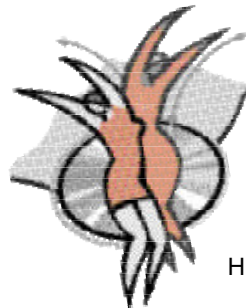
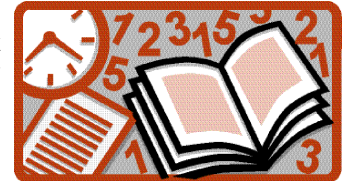
Ceramics and Fun Fitness.

Thursday classes:

Arts and Crafts and Girl Talk Program.

Friday classes:

Hip Hop Dance Class and DJ Class.



Field Trips

Field trips are available to active REC Club members. Reservations are required and space is limited. For field trip information please call Kristin Rounds at the number above.

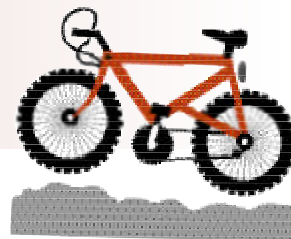


Beginning Level Kayaking Trip, Saturday, September 10 - Enjoy the day paddling around Mission Bay and enjoying lunch on the beach.

Colorado River Beginning Level Canoeing Trip, Friday, October 21 through Sunday, October 23 - Enjoy two days of paddling, floating, swimming, and camping along the Colorado River.



Beginning Level Mountain Biking Trip, Saturday, December 10 - Enjoy the day exploring the trails of Balboa Park.





New playground, new kind of fun at Collier Park

The San Diego County Department of Parks and Recreation recently completed construction of a new playground at Collier Park in the community of Ramona.

The playground includes a series of manufactured climbing boulders on a rubberized safety surface - a first for any park in the County system. The facility is accessible to the disabled and also includes a drinking fountain, new sidewalks, and landscaping.

Reservation Center changes hours of operation

Because of the success of its very popular on-line reservation system, the County of San Diego Department of Parks and Recreation will no longer operate its reservation and information center on Saturdays and Sundays, beginning October 1, 2005. The reservation center, which books campsites, wedding and reception locations, and picnic areas in more than 30 facilities throughout the county, will continue to be open between 8 a.m. and 5 p.m. Monday through Friday. The toll free number is 877-565-3600. Voice messages may still be left on weekends and after hours during the week. Campers may continue to reserve any of our more than 600 campsites by stopping by the ranger station at any camping park seven days a week, or by visiting www.sdparks.org and clicking on the on-line reservations link.

San Diego County Parks Society

Many of the above programs are co-sponsored by the San Diego County Parks Society, a nonprofit organization. All donations to Park programs go to the Parks Society and are tax deductible. Donations may be given directly to the Society. For membership information or to make a donation, call 619-267-7323, or write to P. O. Box 957, Bonita, CA 91908. The Parks Society meets the fourth Thursday of every month at 6:30 p.m. at the Administrative Office, 5201 Ruffin Rd., Ste P, San Diego.

Weddings in County Parks

The staggering cost of having a wedding in San Diego County can be quite daunting to a couple planning the day of their dreams. The Department of Parks and Recreation offers refreshingly affordable wedding ceremony and reception sites without discounting the beautiful backdrop only nature can provide. County Parks offers a variety of natural settings throughout the County including open meadows, ancient wedding trees, Victorian gardens, historic ranch houses, hidden knolls, and gazebos. Several indoor locations are also available from a historic temple to a spacious reception hall overlooking a scenic lake. Whether your special celebration will be formal or informal, an intimate gathering or gala affair, summer or winter, there's a park for you. To find out more information about weddings and events in County parks or to make a reservation, please call **858.565.3600** or visit www.sdparks.org

Small civil wedding ceremonies performed by Park Rangers are now available in a beautiful Victorian Village setting at Heritage Park for a nominal fee of \$50. A valid marriage license is required and no reservations are needed for parties under 15 people. You can have the ceremony of your dreams performed by a park ranger in a beautiful, natural outdoor setting located just moments from downtown San Diego. For more information about civil marriage ceremonies performed by Park Rangers, please call **619.291.9784**.

The Program Guide . . . San Diego County

Parks is published three times a year. Copies may be downloaded on www.sdparks.org. Are you interested in receiving up to date information about the County of San Diego Department of Parks and Recreation, parks programs, or camping specials? To place yourself on our e-mail distribution list, please send a request and valid e-mail address to askparks.lue@sdcounty.ca.gov. Your personal information will not be shared or distributed to other organizations. Thank you for your interest in County parks and recreation programs.

BOARD OF SUPERVISORS

Greg Cox, District 1 • Dianne Jacob, District 2
Pam Slater-Price, District 3
Ron Roberts, District 4 • Bill Horn, District 5

CHIEF ADMINISTRATIVE OFFICER
Walter F. Ekard

DEPARTMENT DIRECTOR
Renée E. Bahl



Volume 14 No. 3

Fall/Winter-2005